

# Recipe Card

## Greek Yogurt Dressing

### Ingredients

1 avocado  
2 tsp fresh chives  
1 tsp dill  
1 clove of garlic  
2 tsp parsley  
Lime juice to taste  
1 cup of Greek yogurt - the real deal  
6 tbsp almond milk

### Method

1. Simply combine all the ingredients together in a blender.
2. Pour on top of your grilled salmon salad.